



Raising eyebrows
Animals have our personalities and habits.
Page 8

SPOKE

A LEARNING NEWSROOM FOR JOURNALISM STUDENTS



Living off the grid
One family survives and thrives in a yurt.
Pages 6 and 7

WEDNESDAY, MARCH 14, 2017

CONESTOGA COLLEGE, KITCHENER, ONT.

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4TH YEAR - PG. 5

Fitness centre up and running

BY JACOB MARR

It's here. It's finally here: the recreation centre at Conestoga College's Dean campus has finally opened its long-awaited new fitness centre.

The 30,000 square foot facility, which opened on Feb. 22, features all new equipment including "floating" resistance machines, strength equipment and 300 suspension trainers. The space is surrounded by floor-to-ceiling windows to also let in bright, welcoming atmosphere. In addition, there are three new and to-pay-for classes in which fitness classes such as yoga and dance will be held.

The design for the new facility was formulated after a survey at Conestoga College was conducted in 2013 to determine whether or not students were satisfied with the facilities at the time and what they wanted to see more of.

"Everything about the fitness centre is completely new including the location, which

has moved to the opposite side of the building and Matthew Maguire, manager of wellness and recreation at Conestoga College.

This is true even for the entrance of the fitness centre, which has moved to the side facing the main campus building and now features steel security posts that can only be opened with your C-IDE card or gym pass.

In addition to the C-IDE Health and Wellness Office, which offers massage and chiropractic therapy as well as education regarding the student health plan and sports facilities, that moved to the recreation centre and is currently operational.

Maguire confirmed that a P.A. 10 is also scheduled to open in the second floor student lounge area around the middle of March after giving faculty final opinion and approval.

The final stage of the renovations expected to be completed in the spring will have the recreation centre fully and fully equipped into a single



PHOTO BY JACOB MARR

Conestoga College students enjoy the new centre's new fitness centre, which opened Feb. 22. Featuring all new equipment in 30,000 square feet of space.

gymnasium with a four-lane running track overhead.

"All the young athletes are designed to be easier on the body and Sherrill Jacquin, a running student at Conestoga College who is also a member of the recreation centre staff. "They're state-of-the-art for

high performance training which is what a lot of varsity athletes and non-athletes are looking forward to."

No membership is required for Conestoga students as each student pays a membership fee of \$50.16 per semester along with their

tuition. Hours of operation for the fitness centre can be found at www.conestoga.ca/recreation.

"We are excited to showcase our new facility and know that it will support the personal growth and well-being of our students," Maguire said.

Runway features dresses solely made out of paper

BY JOE WERPEL



PHOTO BY JOE WERPEL

The sixth annual CONESTOGA runway show was at March 4 in Conestoga's Dean campus library. This year's theme was "Paper with Purpose." Maguire (center) poses with her sister and co-owner of the dress, Sherrill Jacquin. For more photos, see Page 10.

It was a full house at Conestoga College's Dean campus library on March 4 for the sixth annual "CONESTOGA" runway performance show. The event showcased the final products of months of labour by the second-year visual merchandising arts students at Conestoga.

The theme was "Paper with Purpose" and inspiration for the dresses ranged from Disney princess to Victoria Beckham and everything in between. Each dress was made solely of paper, ranging from tissue paper and paper plates to napkins and card stock.

Each student took inspiration from a designer, painter or artist and painstakingly handcrafted their dresses to meet their unique style. The event was held runway show and held fashion show with the charity of choice being the G. Maguire Foundation for "Teach Your Daughter." The goal of the foundation is to establish

Canada's first research facility to study Lyme disease and other vector-borne diseases.

"We were just divided into all of the whole thing was a huge success and Laura Harding, the co-ordinator of Conestoga's visual merchandising arts program.

Each dress and designer were introduced by a unique video created by students from Conestoga's broadcast television program. They ranged from upbeat, party songs to emotional, often somber. Each video explained the mission of the dress and featured the designer talking about their inspiration, materials and the hard work they put in.

"There was so much hype leading up to it, so walking down the runway and seeing the models and number of work and hard of working and Sherrill Jacquin, a second-year visual merchandising arts student.

After the runway show, students were invited back to the visual merchandising

arts studio for refreshments and the chance to meet the designers and check out the dresses up close.

"Being able to talk to everyone about the costumes was such a long to make was very cool and exciting."

Sherrill, one of the students, dressed her dress to be made by her sister, Maguire, Sherrill, who was diagnosed with Lyme disease in December 2013 but struggled with symptoms for years before this. Her lowest point came around the summer of 2014 when she could no longer walk on her own.

"I felt emotionally dead. I wanted. The last hope is for the end."

After then, after travelling to the United States to receive proper treatment, Sherrill has made huge and beautiful steps toward recovery. Sherrill recovered a standing position as she walked down the runway with her sister, Sherrill, who had been

Now deep thoughts ... with Conestoga College

Random questions answered by random students
What is your favourite restaurant
in Waterloo Region?



"Tim Hortons. I like their coffee."

Anna Kozak,
first year
environmental nursing student
clinical and medical care

"Caddy Jack's. Their pulled
pork sandwiches are delicious."

Brandon Danks,
second year
police foundation



"Pete's Grill because it
is as far as you can eat and
be healthy like sushi."

Jade Leach,
second year
business marketing

"Wendy's because I like
the drinks there."

Jordan Maxwell,
second year
business management



"The Three Kintons. They have
fantastic lamb souvlaki."

The Three Kintons,
third year
business management
university of Waterloo

"The Mango King. Their
sticky rice is so good."

Vincent Endersby,
second year
recreation and leisure
services



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FILBERT CARTOONS



Panel 1: J. Blund

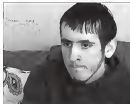


Panel 2: J. Blund

A CLOSE-UP LOOK AT EPILEPSY

David Bentley is a freelance journalist. In addition to writing out down a guide about his experiences living with epilepsy. To learn his story, visit online at www.epilepsyonline.com

PHOTO BY THERESA DEMPY



Working on your COMM 1085 research project?

COMM
CAFE

COMM 1085



1 PM TO 4 PM

Learning Lab
(Library)

MARCH 15, 16, 17
MARCH 22, 23, 24

Faculty, Library staff, and writing consultants can support you with:

- finding research
- getting started
- organizing ideas
- using APA @ Conestoga

Snacks and tea provided - BYOC, office!

Celebrating diversity at Conestoga

BY SARAH HEDGECOCK

On the evening of Feb. 27 the final Pyrrus Refugee of the 25 000th Refugee planned to bring an incident on Conestoga and the moment marked the end of phase one of the Refugee resettlement plan for Syrian refugees in 2010.

It was the perfect occasion to kick off Conestoga College's Cultural Diversity Week which is presented twice a year by Student Life.

The opening ceremony which was held on Feb. 28 commenced with a speech from Student Life president and chair of the event, Laura Black followed by a presentation from Fuzoon Giris who choreographed a dance for the occasion.

The event which was held until March 4 offered numerous activities including Cyprus Identity Workshop on Wednesday and tennis tournaments on Thursday.

"The main activity that you see the display by Cyprus Identity Learning Projects and its something I was content about and I like. We've had students coming in these projects for over a month now. They're each picked out and have researched it and are able to talk about it while having the information on display. They also have an interactive activity at each table and there's lots of variety from food sampling, to writing in different languages, to actually participating in sport activities it just depends on the culture."

Another part of Cultural Diversity Week is the film festival for different classes in several of Conestoga's classrooms.

"We screened the film for the first time last year and it went so well we know we had to do it again," said Black. "It is an internationally acclaimed film with an international movement. It has different human stories connecting the same questions from across the world. It is an opportunity to pose questions and discuss critically about how we as humans have progressed over the years. It is also a reminder of what's really different. It's a really interesting piece."

Started approximately nine years ago Cultural Diversity Week came to celebrate the cultural differences in our society, reminding that Canada, as a country prides itself on.

"It really started by wanting to welcome and build an inclusive campus for everyone," said Black. "It expanded beyond that. We're getting a larger understanding of other cultural differences and recognizing that it's really important that we celebrate it and keep it growing at the point. This event is a great way to showcase that and get everyone involved in the discussion. It creates dialogue between different communities. They come where they can sometimes be watching and people's capability of trying to understand what they're looking at and try to



PHOTO BY SARAH HEDGECOCK

The opening ceremony of Cultural Diversity Week was held at the Conestoga campus on Feb. 28 at 5:30 p.m. and choreographed and performed by Fuzoon Giris.

find people who come from that same culture. But this is an opportunity to break out of those comfort zones and bring cultures together."

Celebrating diversity and learning about heritage is something that one student admits she can appreciate from afar.

"I was born in Canada but my

mom wasn't, and I don't speak a first year computer programming student. "The reason to Canada from the Philippines when she was 18. Growing up it was very different than I was. I didn't have the books that we do were told to some people stuff like that. Then last year I was able to travel to the Philippines

for the first time with my mom and meet her family for my cousin's wedding. It just opened up a year to the culture and it made me understand some things about my mom that maybe I didn't before. Learning about other cultures creates an open-mindedness that I think everyone could use a little more of."

SPRING ARRIVES WITH SPRING ROLLS



PHOTO BY SARAH HEDGECOCK

Conestoga Students Inc. held a Free Food Friday where they served complimentary chicken and vegetable spring rolls. Students lined up down the hallway to get a sample on March 4.



PHOTO BY SARAH HEDGECOCK

Cultural Diversity Week continues until March 4, and a non-attended other students to learn more about different countries, food, culture and religion.

Escort discusses the profession

BY DANIEL FERNANDEZ

It's one word. One sentence word. It refers to a female who is considered a sex worker. If the word prostitute came to mind, the image is clear and vivid.

While the word "prostitute" is still used today and more vulgar terms have come and gone, there is another word that has come to the more common, recent. It's a commonly known phrase used by society that society deems more acceptable, perhaps because it supports an upscale version.

But what is being judged? Is it the women, as the United Nations' definition refers to them as the "typical" persons who engage in the "activity" for cash society judges the men who use the "service."

In the 19th century people think of the word "escort" and think of companionship something morally less reliable and therefore find more acceptable.

In the last few years, we often that look like escorts doing escorts have accepted changing the common goal of their work.

There would be a definite reason in an online dating site where they signed a picture and state their age, gender and what they are seeking. Escort sites even have an area where people can set various prices for specific hours of sexual favors.

At least who was involved in the industry the word prostitute agreed to talk about some of the experiences. This name has been changed to protect his identity. "I, friend of mine had been forced locally to see what his name was and third Marky, an escort name, the club was looking for job openings in the club, but I thoughtfully said she said she was working some way money and meeting some new people.

Marky who is an escort based out of Toronto, Canada, has had quite a profitable career. From then in 2003, Danny Marky's friendship with the female escort began, but his operations allowed him to see the large rates of money she made weekly.

At first, I was obviously very judgmental and not very moral, but I couldn't argue with the money. Marky said "There were things attached to this money. I was on some flowers of debt. I had ... I don't want to say I was a bad, paid of something and going to school. There was a point I realized that I couldn't live happily with the money I was making as a worker of the time.

Marky spent the weeks prior to visiting his public proposing himself. He admit-



PHOTO BY DANIEL FERNANDEZ

friends doing escorts after a while for people to get paid for sex. Individuals simply create a profile in order to use for online dating and then raise their price.

ted he hoped he would meet someone who professed an arrangement based more on companionship than sex.

"The concern was really more could I go through with it could I live with it. Marky said "That I knew, a girl my company would have possibly avoided more to value them always that how with or you as male or female. But I wouldn't say that violence was the biggest concern of mine. After nearly three weeks of conversations and advice from his new close friend and "mentor" Marky typed an e-mail to the bar for meeting men and uploaded his photo.

"His name was the same as mine as word goes to some body when were to my online dating world and Marky "The advice came to with contacts word and make sure someone knows where and where you're going from a thorough conversation before going out a tag in my car on all or last conversation and show up somewhere you're never been before. But also just some fairly well made of there a few dates first.

As Marky suggested the online to take he came up with only one order being completely between all of his experience there wasn't one.

"Some people were pretty upfront about what they were looking for and what they were willing to pay for it. Marky said "I would be offered \$500 the first a meeting. That was the most. Who would meet on the Friday night, for whatever we had arranged at a hotel and in addition I would have the room for the rest of the weekend for myself. The games went down to less as \$300 for

past dinner. More often there was bartering that took place over the price. Even though we had no number putting we wouldn't talk about what would price us for privacy.

The irony to which Marky is referring to is in terms of his environment. While prostitution is a legal form of sex the law surrounding the trade makes it nearly impossible to say yes to the terms.

The Protection of Communities and Exploited Persons Act, that was put in place in 2014 by Justice Minister Peter Marky was making making money as the side of sex, buying sex or third party advertising of the sex trade on workers.

While the law put in effect in the 2014 act in reference to the act was designed to set out workers in safety and effectively removing them away from the trade those in the profession were outraged stating that the law pushed the trade further underground than it already was.

Danilo Pomeroy, Marky's Wynne raised her arm objection to the act.

"I'm not an expert, and I am not a lawyer. Wynne said, making that the law pushed the trade further underground than it already was.

There is a market for sex work, said Marky "The issue is an industry that has existed a long time, but at the very least, since the dawn of the monetary system, and you can't seem to shut it down so the industry has to find ways to keep it regulated and keep

it safe for workers. The issue with pushing it underground is the lack of regulation.

While Marky admits he's never personally experienced an increased sex workers in the industry, he recognizes that it didn't exist.

"Being inside a sex thing, but being a female and being outside male and women, because the safety factor is decreased exponentially. Marky said "I'll think that in the trade has also been extremely safe and takes the time to make sure he and out, but I.

Marky's real first two with the lack of knowledge associated with entering the sex he can't deny.

"It was different, every time he said "I would meet them and think "Wow you posted a photo from 10 years ago or "You're posted 180 the name you took that photo or this guy isn't actually that, but that you don't know what those people are doing when they're here and they're still things that you can get when you're being cautious.

The promise to be sexually further was an ongoing battle, despite legislation being set from the start. Marky started to inform the feeling of obligation to collect the money upfront.

"A lot of men were extremely observant and I think they really make them feel as though this is their last option, said Marky "Others were extremely shy and just enjoy the company of a partner companion. I personally think, in some cases it's a power thing. To purchase something makes it yours in sex and depends of it, of your desire.

the position of power is with

brokers, and in no instance that. Hollywood has depicted it as overly obvious with Richard Gere's need to show himself and power and even in HBO's *Blue and the City* where the protagonist questions the life of an escort after a one night stand puts 11,000 on the restaurant bill and leaves.

"Many in power, some in power themselves, getting money for sex is usually an exchange of power, said Marky who played Jay Deniro in the episode. Marky equates the stages surrounding the idea of trading money for sex in perceptions of gender inequalities or various other human characteristics perceptions that, as a girl, were he regularly exposed to.

There's a range of perceptions and there's a range of where someone will stand on an issue. Marky said "I can't tell them not to think the way they feel, but in the same time, I think there's a moral lesson. A wealth of misinformation. There's a lack of education on the subject. For instance, the association with the street corner, a drug addict, trying to make a few dollars to get her next fix. So I wouldn't think there's a good example for the young women to look at. There's a range of perceptions, there's a range of the trade.

One year ago, at the age of 24, Marky decided his public relationship involved in a public relationship program at the Toronto Women's Centre and he said he made them all over again.

There were times where I had a feeling moment, thought of "Oh oh, she could and today Marky said "But, it was clear on understanding the situation and how it worked. More often than not, there were responsible men, just like me, simply attempting to do their best in current need.

WHAT YOU NEED TO KNOW

See how busy we are in Ontario province

- Illegal to sell sex on an area where it's more than an hour's drive away.
- Illegal to communicate with the intent of purchasing sex. Penalties by up to five years in prison and a fine of up to \$5,000.
- Illegal to solicit sex on the streets of others (sex workers are not included).
- It is an offence to publish information or to be involved in the publication of information where selling sex.
- Legal to communicate with the intent of selling sex.

Family lives in forest on their own terms

BY PARR BARNHAM

Being a reporter for *Spokane* has led me to places I could never have gone otherwise. One of those places is down by the river just east of Clegham where a family of four have been living in a yurt for several years. They live off-grid, off-the-grid — no indoor toilet, electricity or running water. An inquiry at their yurt house a few led to a meeting with one of the occupants, Olene Green, who also runs the Clegham Outdoor School across the road from the yurt. My route home. The road was like a road, but it didn't have the usual followed by a trail of footprints.

Arriving

It is my place to leave. I choose to walk — it just seems the appropriate thing to do. With a small backpack on I travel along the road to the edge of the hill, where there is a panoramic view of Clegham in the distance. Two mountains hills lead deep into the Kootenai Valley where the melting glaciers of 18,000 years past cooled through and formed the valley. At the bottom the river is full, a small watercourse runs with a bridge over it. The area, including a dozen or more homes is known as Cedar Hill but there is no sign. Instead of continuing toward the city limit of Clegham, where a line of street lights can be seen about 1/2 mile left down Cedar Hill Road.

Past a few more houses and a barn I come to the river again where it has made a curve and stands in a small or bridge marked for use on the river. The rocky bottom of the old dam stands on the south side of the river. Water was once dammed and diverted to run a saw mill here. Later it became a small town and many homes. The river flows freely through it, still having water running toward Clegham, where it joins with the Spoken River and later the Shoshone.

Across the bridge a couple of homes stand near the road line, including a house on the river. The river is mostly gravel and runs very to gravel and a curious wilderness of rocks and a swampy lake. A small yellow sign on the left side says "Clegham Outdoor School" where a blue pin, a yellow lake behind and a house.

Outdoor School

I enter the woods and 30 years old Olene Green appears before me sitting on a log, sitting on a log of my



PHOTO BY KIM BARNHAM

Arline & Olene Green stand with their children Melissa (left) and John in front of their home located on Clegham near the Spoken River. They live in a 20-foot diameter yurt and they have no access to running water or electricity at Clegham.

at logs that made around. With his long arms colored hair upon into dirt holes and opening a healthy head. He looks very much the perfect warrior. "You made it," he says. "That's a great. He was starting a log on the fire, an amazing feat. That he says is again. I've arrived, just in time for lunch."

Groups of young boys and girls start talking on from pots that led into the snow. A line of boys followed by Olene, older "members" or "leaders" all make me the point that welcome as I try to make myself at home around the fire.

After lunch groups of boys split up and go back of to their adventures — some go on a long hike to explore some cliffs. Olene comes out to go for a walk during which I can ask her any questions. We start strolling down the road, back toward the small bridge.

"My partner, Arlene (Arlene) moved here nine years ago on her own and spent the summer in a large, comfortable tent and then walking along. She was a two parker. At the time she built a small yurt but then, hoping that would suffice for the two of them."

"We got pregnant with Matthew, my stepdaughter, for the following year and then." (The school was not open enough so they ordered a yurt from Pacific



A group of students from the Clegham Outdoor School sit in the "dinner tent" during school work in an area southeast of the city.

Yurts on the West Coast. A foundation had to be carefully prepared and over the past several it had only a wooden to stand with the help of some friends. The yurt is 20 feet in diameter.

Olene moved in six years ago and the couple have a child, Jerry, who is four years old. Matthew is seven. All that time the family's energy needs have been supplied by one 10-watt solar panel (costs \$400) which

powers a 20 volt deep cycle recharged battery. It is a type of battery that can charge right down without damaging it.

A laptop on 1200 light bulb becomes a small blender and a vacuum are just some of the things they power up with the battery.

"The good thing is that we'll be able to power up the appliances. We don't have a telephone made so frequently in the

middle of the night) it can be said that you're forced to look up and see the stars. Keeping the fire stoked as nature takes care of itself is the goal."

Standing on the bridge, a white pick-up truck rumbles up and stops. I'm introduced to James, the owner of the tent. Olene's family calls home "Just being here about that, but I don't know. James lives right beside the river." The last house on the river before Clegham, he says from the pick-up. The conversation turns and turns. I later learn he instructed the whole deal with the family.

Walking back Olene says he grew up on a farm near Hillsburgh, a 20 square mile in north. "I was just let to go for the summer and the house and the house. Learning about nature was a little later in life. He has a process and he's still learning. "He's just up on the fact that he wanted about so to discover. I try to stay on top of what of them," he says.

Olene is a certified primary teacher and taught for two years in the city before starting the school in 2003. They have a variety of programs throughout the year, returning to specific age groups. Olene takes place most days of the week.

"When I was a teacher I was aware of all of young boys who were in the city. They had a lack of attention but because they just weren't designed for the classroom. The classroom wasn't designed for them. He says Olene runs across a map of Oregon. Olene is a teacher with Olene and now runs in the school for teaching at the school. "I know that there was nothing like it around here. I know that there needed it. I think I can do it with the help of the school."

A car pulls up from behind and a boy and two young daughters get out of the car. (One they do come to school.) After introductions and the two boys leave to go to school, while Olene and I head back to the tent.

There is a lot of an idea about a boy and two young daughters get out of the car. (One they do come to school.) After introductions and the two boys leave to go to school, while Olene and I head back to the tent. There is a lot of an idea about a boy and two young daughters get out of the car. (One they do come to school.) After introductions and the two boys leave to go to school, while Olene and I head back to the tent.

How would you like to live off the grid in a yurt?

Brooks from the fire is believed to have caused the fire, which is the first of its kind in the state, officials say. The fire is the first of its kind in the state, officials say. The fire is the first of its kind in the state, officials say.

"Then, given children's new perspective on the world around them, adults are the ones who have to change," says Bennett. "It's a chance to learn their beliefs and reconnect with the natural world he says."

Brooks' career back at four o'clock and power around a pointed roof and says what they have to do is to be there. "I'm not sure if it's a good idea to go to a place where they can get some time looking around and be present," Bennett says. "I'm not sure if it's a good idea to go to a place where they can get some time looking around and be present."

The Yurt

Brooks has pulled the dishes and other things from the school day across the road to a small tent and says he is taking it. "I'm not sure if it's a good idea to go to a place where they can get some time looking around and be present," Bennett says. "I'm not sure if it's a good idea to go to a place where they can get some time looking around and be present."

The design process. We pull our ideas into a comfortable arrangement of some structure and buildings around the structure. The building is built by a team of people who are working on the design. The building is built by a team of people who are working on the design.

An outdoor kitchen is set up under the overhanging canopy with a large table. The table is set up under the overhanging canopy with a large table. The table is set up under the overhanging canopy with a large table. The table is set up under the overhanging canopy with a large table.



For students Chris (second from right), Isabella (top) and Jeremy (left) work together to design a group of students at the University of Colorado School of Architecture in Boulder.

How it's put together

Inside a small tent, the wooden floor is covered in a layer of grass. The grass is a good place to sit and look at the tent. The grass is a good place to sit and look at the tent. The grass is a good place to sit and look at the tent.

My first time as a yurt is an experience. It's a first for me. It's a first for me. It's a first for me. It's a first for me. It's a first for me. It's a first for me. It's a first for me. It's a first for me.

I try to make sure the tent is as comfortable as possible. I try to make sure the tent is as comfortable as possible. I try to make sure the tent is as comfortable as possible. I try to make sure the tent is as comfortable as possible. I try to make sure the tent is as comfortable as possible.

It's the first time I've seen a wooden floor and, well, it's a first for me. It's a first for me. It's a first for me. It's a first for me. It's a first for me. It's a first for me. It's a first for me. It's a first for me.

I'm not sure if it's a good idea to go to a place where they can get some time looking around and be present. I'm not sure if it's a good idea to go to a place where they can get some time looking around and be present.

They start getting supper ready, chopping up some potatoes for the meal. They start getting supper ready, chopping up some potatoes for the meal. They start getting supper ready, chopping up some potatoes for the meal.

"We love Little House on the Prairie," says the woman. "We love Little House on the Prairie," says the woman. "We love Little House on the Prairie," says the woman. "We love Little House on the Prairie," says the woman.

The woman says she is not sure if it's a good idea to go to a place where they can get some time looking around and be present. The woman says she is not sure if it's a good idea to go to a place where they can get some time looking around and be present.



Brooks' daughter, two years older at the time, says she likes the tent and the tent is a good place to sit and look at the tent.

work and work on the tent and work on the tent. They start getting supper ready, chopping up some potatoes for the meal. They start getting supper ready, chopping up some potatoes for the meal.

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Asked why she moved from the tent, she says she is not sure if it's a good idea to go to a place where they can get some time looking around and be present. Asked why she moved from the tent, she says she is not sure if it's a good idea to go to a place where they can get some time looking around and be present.

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Departing

Walking back out of the tent, she says she is not sure if it's a good idea to go to a place where they can get some time looking around and be present. Walking back out of the tent, she says she is not sure if it's a good idea to go to a place where they can get some time looking around and be present.



PHOTO BY MICHELLE WOODVILLE

Alpaca Acres is a farm that offers alpacas for sale. Alpaca Acres

BY MICHELLE WOODVILLE

When someone walks up to the pens where the alpacas are housed, the liberty line animals will all crane their heads to look at what it is.

"They're very curious; they don't mind a thing," said Ann Clayburn, who owns Alpaca Acres along with her husband Don.

Alpaca Acres is a farm located in Peck County, Wis., between Oshkosh and Appleton. It is roughly a half-hour drive from Keshena.

They breed huacaya alpacas, a breed with a dense, curly fleece, which is able to adapt to the Canadian winter. They also offer vicuña-like alpacas, which have very soft and limited alpaca products.

Don said, "I got the idea when he saw an advertisement for alpacas. At the time they didn't have a farm property; they could raise the alpacas."

However, to truly grow up, you need a dairy farm, so he had a background in livestock. A little bit of farming background went a long way, he said.

"The more he read the more he was intrigued by how different they were compared to cows," Don said.

They used the internet to their advantage, at least when it came to

even after they moved onto a farm property.

Don kept telling her and Ann's parents that they were going to get alpacas all these years until Ann found out she was pregnant with her now 13-year-old son, Colby. Her father, Don, and her parents lived nearby, so they didn't have their help to take care of their newborn child.

It was decided that Ann

“It's fun, we have no regrets... They make us smile every day.”
— Ann Clayburn

would stay at home to take care of Colby and then would continue to work.

Don brought the idea of raising alpacas up again after their daughter was able

to move out. "My grandparents had a farm so I was exposed to farm living, but I just wasn't sure how we were going to make it work," Ann said.

They started by researching alpaca sales and from there it progressed to going and raising a few farms that had alpacas, which then led to purchasing one program from

"We just jumped right in and ran with it," she said.

When they bought, they had they didn't realize they had just purchased some quality animals. One they noticed that they started showing their alpacas and entering them into competitions.

The Clayburns have won many prizes, which can be seen hanging in their home, which sells alpaca fiber products.

"However, they made the decision not to compete anymore."

Don now plays hockey so they decided to focus on that, rather than competing.

Ann said going to shows means traveling and it takes a lot of time and energy.

"I say honestly, Ann, all alpacas each with their own personality and quirks," Ann said.

The animals live on a farm but are free to roam inside or out in the pasture.

In the winter months, the alpacas enjoy spending their

time outside. They love water as the Clayburns spray their water on them to keep them off.

"They keep us active and always give us something to do. It doesn't let me sit around and think."

Don said it should come a year in the spring, typically in April or May, over the span of three days. Eight pounds is considered to be a good amount of fiber to get off an alpaca, but one of the Clayburns made alpacas traveling for a short night of 12 pounds.

Don said it is used to make alpaca products, which are sold from their home along with some alpaca fiber products imported from Peru.

The vicuña-like alpacas they sell include rug materials, scarves, slippers, hats and more.

Ann said the fiber is as soft as cashmere, however, unlike cashmere, it will not shed. In fact, when she washed, she also said it is like to grow in from within, so it's a good deal.

The fiber also has an antibacterial property that resists staining and odors. For example, Ann said if you spill something on a rug made out of alpaca fiber it takes longer for it to smell to prove you must keep it away from it.

The fiber is primarily in Shetland breeds of the Shetland Forest. There is a large plenty of tourists to their store.

The visitors who come to purchase alpaca products are allowed to go back to the barn and see the alpacas. They also have potential buyers who visit the farm to see the alpacas for sale.

However, Ann wants to be clear: they are not a petting zoo nor do they want to be one.

She said they receive many requests from people who want to raise and raise, and others who just show up on the farm unannounced.

There are times when they will let visitors come to the alpacas, but it is always that they are unannounced.

The example, a few alpacas are brought to the Shetland Fall Fair, which is where they can see them and get them.

A few alpacas have also been loaned from Alpaca Acres

to other alpacas and other alpaca products. It is not by Ann Clayburn and her husband Don.



A woman is petting a small alpaca. The alpaca is not a petting zoo, but a petting zoo.



The alpaca products are sold at the alpaca store. The alpaca store is located in the alpaca store.



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Students developing research magazine

BY LARSEN HENRIKSEN

When Tim Bishop, associate dean of the Institute of Design, began his first year as applied research department in the summer of 2010, he didn't really know anyone about the research being done at Gonwyls College, the school he joined about what kind of projects the college was doing, but he was optimistic.

"I found myself thinking, 'This is exciting. We have to tell this story,'" he said.

About a month and a half later, that idea had evolved into the journal that anyone who was assigned

Bishop has convinced the students in his program take the lead, the point on designing a publication which will showcase the research and work being done at Gonwyls College. This publication will come in the form of a magazine named *Archive* and will be published annually. The name reminds the acronym A.R.C. which stands for applied research at Gonwyls, and the word form which is intended to portray Gonwyls as a "house of inquiry."

They, Bishop, director of the applied research and innovation department, and Bishop's assistant, really made him realize that the department needed a way to communicate their message to the broader community.

"We realized we definitely needed a lot of help to make that story more successful," he said.

In order to do so, Bishop suggested that the students in his program collaborate with the department to produce a magazine focusing on what other great secondary works have in. Students loved the

idea and the two started the process of bringing it to life.

From there it was a matter of bringing up and shaping what it would look like. That's where the design students came in. Bishop and his colleagues in the program, who fully incorporated the project into some of the courses they teach, were in. They brought together the first, and now past, students to work in teams to create a design for the magazine. The students were available throughout the process to give direction and provide support, but for the most part it was the students doing the actual work.

After they had developed their design, the team tested whether their message to judges outside of the program. These judges eventually settled on a design, and Jerilee Stensky, a second year student in the program who was part of the winning team, said a big part of their success was thinking outside of the box.

"We had this opportunity to be creative and say 'we're going to put a creative spin on this and do things that may not have been seen as much as other students' journals,'" he said.

It's easy to see that this activity proved itself as their design. Stensky and his team members took the onerous of a task and used it as a visual theme in contrast to the rest of the magazine. They used a lot of typography and similar shapes to do this and they also used a lot of design elements like photography and typography.

Steven Durrin, also a second-year student and Stensky's teammate, said in an interview that he and his group also that the applied research

department was willing to work with them, especially considering how their program is still new.

"The fact that they trusted us in this is nothing short of incredible," Curtis said.

This semester, finally took the project out of the program itself and made it into a commercial opportunity. It provided an incentive for students and resources that they worked on it outside of class time. The program reached out to the Student Life department to get them recognized on the Gonwyls calendar. Bishop (CGM): The CGM is a document that is similar to a transcript, but is intended to officially document involvement outside the classroom.

"The fact that they trusted us with this is incredible."
— Steven Curtis

Now in the students' second year, the goal is to turn that design into a printed publication. Bishop and the designers have been hard at producing the actual content for the magazine, as they need content to produce their articles and information. To deal with this, Bishop reached out to Stensky's design coordinator of the Institute of Design, who is in charge of the applied research program. It's possible to collaborate with them as well. However, Bishop and getting all the content together and figuring out the layout might mean the magazine might not get published until next year.

"We're in a fairly tight time frame that's the challenge," he said.



COVER DESIGN

Above is the possible design for the *Archive*, as proposed to serve as the magazine for Gonwyls College to showcase the work being done at the college.

While putting it together in time this year might be difficult, there are certainly no shortages of interesting research being done at the college. Some of these research projects include a solution for electronic waste recycling, an automated manufacturing system, and an engineering project that provides an engineering solution for a manufacturing company to create a new. The department itself focuses on research solutions in the college community and

reflecting the various centers of excellence at Gonwyls.

Clearly there is lots of research happening at Gonwyls, but the future of the magazine remains uncertain. Bishop said, despite this, putting the magazine together was a terrific learning experience for the students and is something that would really benefit the college.

"I think we have an opportunity here that I would like to sign off," he said.

NATURE'S THIEF WATCHES THE WORLD



PHOTO BY TAYLOR SCHWARTZ

A robin is captured while standing in front of a branch at River Valley Golf and Country Club. The bird is looking towards the camera.

LRT CONSTRUCTION AT KING AND ERS



PHOTO BY JENNIFER ALLISON

LRT construction is well underway. The first section of King Street at River Valley Golf and Country Club is one of the newly blocked off locations. There is a lot of construction equipment and workers on the site, and it will be a long time before it is all over.

Jumping into the comedic mind

BY HARTLEIGHMAN

Victoria: Ryan residents had some good laughs at the annual, headbanger Western Comedy Festival opening night gala at Centre on the Square on March 5. The night lineup featured comedians Steve Perlman, Steve Chalmers, John Wing, Chris Hamilton, Brock Henning, Randy Thibault, Dwayne Perlman and Dwayne Smith.

Behind the curtain, though, two comedians gave a little advice and shared some insight into how they remain up their funny bones. We each share:

“Steve, you give me a word you talk a lot, to the crowd, and John Wing is Canadian, he’s Canadian with over 50 years of experience.” With a Canadian crowd, you might do a certain joke that you wouldn’t do in an American crowd or vice versa, because they wouldn’t get the reference. Everyone laughs at different things and I have to discover what it is on my people that can make them laugh.

“When asked what his favorite part of being on stage was he said, ‘What do you do where you can make them and your mind is going so fast, where you can deliver a whole gag right in your head in a second and a half? It’s more than just improvisation. It’s the way your brain works.

Way said he likes playing football where you’re taking a lot of bumps. He described the experience as keeping everything in your head so it can be accurate later and put together in a different way. He also used every night as a new opportunity to turn in new challenges.

“If you like performing, it’s about as pure as performing gets.” Wing said. “And, it’s my oldest son, who’s also a comedian.”

Dwayne Perlman has been writing comedy and telling jokes for at least 15 years. He most enjoys the process of having an idea or a point, figuring out how to make that point funny and then using a naturally comic to become well-timed.

Perlman also shared a little bit of advice about being a comedian:

“You have to have laugh story. Perlman said, ‘You can’t give any material, good or bad, to your parents because you have another show. It’s always the first show. It’s always the last show. I would say that for any comic, though once you book them the next time, you go on your own, off as a comic at that point.

He said people usually do well on their first and because of their energy and they don’t know to be afraid. Perlman described it like when Wayne Smith steps off a cliff and doesn’t fall because he doesn’t know what gravity is.

“Once you book, you know

there, gravity and if you can keep going there you know you’re a comic. Perlman said, ‘I was doing it once on stage, just said I had to take a half hour. I did the time but I didn’t get much laughs and that was brutal.’ Five minutes in I knew it wasn’t going well and on my watch I still had 10 minutes left. I left like two days but I still got through it.

He said getting back on stage is not just to do 30 minutes of silence with close to no laughs because if you get back off you don’t have to suffer.

“That wouldn’t happen ever because 12 minutes in I would decide to just leave without it. It’s always important to have fun on stage because that’s how you take the power back. Some people think we’re clumsy or that we seek acceptance. I think as the beginning maybe that’s a very important thing you do, the crowd know you do not seek acceptance and that you have something to say and you’re going to be funny. So when you sense a crowd trying to take you from them, you, you have to find a way to regain that sense of humor while making it better.

Perlman compared being on stage to being a teacher on the first day of high school. A good teacher is when the students are kind of afraid and don’t know what’s going to happen, but the teacher puts them at ease and



PHOTO BY BOB WHITMAN

Dwayne Perlman, atbreakthecover.com and Steve Chalmers is a comedian from Oregon, where an intimate crowd is backing up at the seventh annual Western Comedy Festival opening night gala at Centre on the Square on March 5. The lineup featured a number of comics including Steve Perlman, Steve Chalmers, Brock Henning, Randy Thibault and Dwayne Smith.

they like the teacher. When it’s going badly for the comic, though, it’s like a substitute teacher with students being chaotic. The students have already sat, a teacher and know what to expect. That’s

why it goes back to having fun on stage because even if you’re not doing as well as you normally would, the crowd doesn’t know that. So it’s up to you to let them know how the game to go.

Deadpool doesn't disappoint

BY LAYNE HENNINGSEN

Deadpool is a unique film based on Marvel Comics hero. Deadpool, with the funny and charismatic Ryan Reynolds is doing the way. It’s second thought, this isn’t your typical superhero movie. It has everything that should be in a comic superhero movie and that’s what makes it so interesting and different.

Deadpool is Wade Wilson, a Special Forces soldier, is making his living as a mercenary. His heart, head and his life, but lately his luck has changed. He’s met the girl of his dreams and they recently got engaged. However, his good fortune comes to an abrupt end when he’s diagnosed with terminal cancer.

That’s where a superhero movie. Wilson, personally, the only superhero that anyone would do in his situation. He volunteers for a shady experimental procedure offered by the main villain. After that will turn Wilson into a super-

human. It’s at this moment where he gets his superpowers which include enhanced reflexes and increased healing, but during the procedure, Ryan also loses all of Wilson’s skin and leaves him disfigured. This sets up the plot of Wilson turning into Deadpool, finding Ajax and convincing his girl back, who he left when he went to get his procedure.

Deadpool is a humanitarian character, yet, light-hearted movie while making a serious plot, all at the same time. It has brilliantly choreographed action scenes, hilarious writing and the best opening credits ever to ever make the tag scene. That once again will have Deadpool at will be his way and he will have the same and too much and make his return.

Deadpool is an action-fueled movie that will make you laugh and keep you on the edge of your seat throughout. The film, *Deadpool*, *Deadpool* deserves a 4 out of 5 stars rating.



INTERVIEW PHOTO

Deadpool is currently playing in cinema. The movie is based upon Marvel Comics’ most misanthropic hero and how Deadpool, and how a super experienced leaves him with accelerated healing powers.



HOROSCOPE

Week of March 14, 2006



Aries
March 11 -
April 19

You will be going on a road trip and making an important decision. Be prepared to leave soon, as long as overnight layovers in case you have to make a quick getaway.



Taurus
April 20 -
May 20

When you go out on the weekend, beware of a seductive man in black. He will be your destiny. Do not fall for his delectable words.



Gemini
May 21 -
June 21

Your head studying will pay off, and your pocket will thank you. With all that studying going on, be sure to take a break. Use western and look yourself.



Cancer
June 22 -
July 22

Go for a nice long walk this Saturday morning, because you will find something beautiful and unexpected.



Leo
July 23 -
August 22

You are going to hop to the top and get that promotion you have been working hard for. But stay away from talking more or you will end up back to where you started.



Virgo
August 23 -
September 22

You are good at a lot of things, but you need to improve your self-confidence. You are perfect, just the way you are.



Libra
September 23 -
October 22

You must find a balance in your busy life. Try working down, and prioritizing your time and resources. Some busy time, others, some of them can wait.



Scorpio
October 23 -
November 21

Your friends will be making you soon as be there for him or her because you are the only one who can help them.



Sagittarius
November 22 -
December 21

Watch your temper because it might just cost you some thing you have been working hard for. Try looking your anger and control inside on your breaking.



Capricorn
December 22 -
January 19

You have to take your future more seriously because things are going to be changing soon and you need to have some things figured out.



Aquarius
January 20 -
February 18

This is for you, good friend. You have been having a hard time, but the end is near. Always remember that your friends are here for you to make what.



Pisces
February 19 -
March 20

Your friends are playing against you. Watch your back because one of them will betray you in the most heart-rending way.



Cliff jumps up

Useless Facts

James Finger invented the scoring machine for horse race in 1851.

Wheat burghies happen about the first but before the seventh floor in a hotel.

Each of the Space Shuttle's solid rocket boosters burned five tons (9,000 kilograms) of propellant per second, a total of 1.1 million pounds (500,000 kilograms) in 120 seconds.

Babies are born without nose caps. They don't appear until the child reaches between two and six years of age.

Sudoku Puzzle

		9	5	3	1		4	6
8		1			2			
6							7	2
	8		3			6		
	6				8	1	5	
5	3	7	6				8	
		6	1					8
	9		8			2		7
7	5		2	6		3		

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1-9 without repeating any.

Word Search

St. Patrick's Day

V	T	G	M	K	C	I	R	T	A	P	C	I	B	U	M	APOSTLE
H	S	I	R	I	Z	O	I	H	E	A	E	F	D	S	W	CAPTURED
L	E	R	O	J	O	G	O	P	P	Z	V	R	S	E	J	CHRISTIANITY
T	U	S	U	T	K	M	A	O	N	R	U	G	H	B	Y	CLOVER
N	M	D	S	Z	A	G	S	Y	U	M	B	N	A	O	O	DRUM
T	U	R	V	M	S	T	Z	K	G	U	C	E	M	H	O	DUBLIN
C	M	A	R	E	L	O	O	L	A	K	E	R	R	P		ESCAPE
X	Z	L	H	E	N	C	I	P	P	J	T	R	O	I	O	GREEN
C	W	E	Y	O	P	Y	Y	T	O	I	D	G	O	S	T	IRELAND
N	S	R	I	I	E	T	U	O	C	O	U	W	K	T	E	IRISH
X	J	I	M	M	W	R	M	U	Y	B	J	T	I	T		LEPRECHAUN
L	U	C	K	Y	E	U	P	I	W	Y	L	K	M	A	Y	LUCK
Y	H	N	D	B	N	O	C	E	N	G	I	D	I	N	Y	MARCH
Z	D	H	D	G	E	T	X	M	L	I	N	G	A	I	N	MUSIC
O	D	K	O	S	O	L	O	V	E	R	T	S	S	T	O	PATRICK
F	V	F	A	X	I	U	F	L	Y	M	J	Y	D	Y	O	PRICH



Optimus Stronago's abilities as a former Imperial martial commander become on a rugged as bones. He also enjoys young adult novels and technology.

'It's like darts, but with an axe'

BY MARILYN CRONIN

Are throwing makes it possible to solve your social-life dilemma?

The Backyard Axe Throwing League (BATL) started in 2005 as a backyard in Toronto. It began as a private league, but eventually expanded and moved inside in 2011, starting their first public indoor league. A few years after that, they expanded to a second location and now have eight locations across Canada, seven in Ontario and one in Alberta.

Mark LaFare, the general manager at BATL in Mississauga, said people run back a class with them to go to one of their million are same, which are Fridays from 4 to 8 p.m. or Sundays from 1 to 6 p.m. They can also book a private event.

"Whenever people come to handle them, we always teach them these mandatory safety, explaining how to throw and making sure everything is done correctly. LaFare said 'It's much a better not with you."

They have other safety precautions as well. They don't allow any drinking and they have been pointed on the floor to indicate where you need to stand. They also have heavy orange cones that indicate you're in protection in the throwing lanes.

For the week on average, it's \$10 per person for the roughly an hour of throwing time, which can change depending on how many other people are there.

Private events have a \$40 per person, 10 percent more standard charge. The

company hosts beer and one of her groups with the weekend league are not happy not being 30. The new person still enjoying the same but the bookings have to be done specifically through the venue.

Playing on the league for the season costs \$120 after tax.

Jay Halpin, a coach at BATL in Kitchener, said the customers are very nice despite that people may think.

"There's a misconception that it's only meant for the 'tailgate backyard type' but I really don't think so. And outdoor leagues are also said 'We're getting more and more people and not too many people thinking it's male dominated.' Women do very well here and we're always glad to see more and more come through each month."

The league have five seasons a year. Each season lasts seven weeks of regular season play where all the customers are tracked across including how many games are played, the number of losses and average points.

"We like to get a little break with it," LaFare said.

After each season there is a week of playoffs where the winner gets to hold the trophy and has a bar name plate written on a champagne glass that is up to the arena. Each location has their own league. LaFare said they have approximately 1,000 league members. He also said every year they have what is called a champagne league where the top four throwers from each league compete in a tournament.

"The thing with us is we



competitors in the Backyard Axe Throwing League in Kitchener throw axes with a target and into the back seat every week. The league has the second and all of its customers from a week of play.

hold private events and do the weekend staff, but our league is the real deal."

LaFare said "We have a rule here — be good to each other or get out. We like everyone to treat each other equally and we're huge on having a positive community atmosphere, that we try to bring everywhere we go."

He said "League members start off not knowing each other at all and slowly become good friends. Keep a night and every-one knows each other and everyone respects each other."

"We like to have a positive effect on the community as well as make a really

positive community with us as well as to promote a safe fun open environment where our guests can relax."

LaFare said.

Halpin said his favourite thing about BATL is the culture. He said people you meet become like family. He played and coached a lot of sports in his life, but he never threw it in a competitive environment as much as he did at BATL. Halpin said "I'd never even though I always want to win my game or league I'm not racing for my opponents. When anyone does well it pushes the bar for the rest of us and makes the teachers competitive and a higher

standard of throwing. He said their culture into the bar for our throwing everywhere."

My favourite part is how friendly the people you get to meet. Don't get me wrong I like throwing on one but the friendships I've made over the years doing that and part of the positive experience that comes from this is definitely the best part of what we offer. LaFare said.

For more information, visit the BATL website: www.batl.ca

You can also see a list of videos and photos online. He posts frequently on Instagram and Facebook. Halpin said.

Food bland at Red Lobster

BY MARILYN CRONIN

If you're here, anywhere but under a red canopy, you know that name of Red Lobster have opened that to the light from beyond a new city experience.

Red Lobster is a popular seafood franchise that was purchased by San Francisco based private equity firm Children's Investment Capital in 2004. The franchise owners at 1,112 King St. E. Close you can see there a few areas there is a large window that lets light in. Inside the only way to see in if you're interested on looking the way is your door. But a shiny bit, however style, however with wooden floors and tables.

I usually stop appearance but

I caught the smell that shrimp (\$10.95) is a reasonably good serving of food, but lobster shrimp based on this name. It was good at first, but by the fifth one I could taste a hint of blue cheese. I must have why that it turned me off and I was ready to order the next course. One of the other seafood starter items include a shrimp shrimp but the shrimp shrimp and pasta instead, shrimp seafood stuffed mushrooms, mushrooms shrimp cocktail and shrimp cocktail and vegetables. They are all priced at under \$10.

For my main course I ordered the Canadian snow crab legs off the lunch menu (\$20.45). It was meant to be sweet, delicious and come with a side of roasted corn

on the side and baby gold potatoes. Tasteless is the only word that can properly describe what I was served. It was so bland I couldn't come the table to pick food off my friends plate. He had ordered the mushroom program shrimp. It was dry but edible.

I grew up on the food and appeal from my place of berry mango, shrimp, until the shrimp came. The shrimp was the only thing I could barely paying for. It was done right. The shrimp shrimp, although overpriced, still glorified the taste of the snowcrab.

Red Lobster in Kitchener is worth the visit if you're looking for food, especially good seafood and friendly service.

MURDER MYSTERY AT THE ROM



PHOTO BY MARILYN CRONIN

InterCityCapitol is a popular murder mystery event with the Royal Canadian Mounted Police (RCMP) to hold "The Museum's (June)" Group of two to six people could murder around the museum for two and a half hours. They'll start to solve the murder mystery by the hand over through April on weekends. Tickets, which include access to the ROM, are \$40.

Weighing in on the problem

Is the fashion industry responsible for eating disorders?

BY DIANA DARULA

Most people think the fashion industry is one of the biggest triggers for eating disorders. That being said, is it safe to assume that others in the industry are suffering as well?

Being a model doesn't sound like a bad problem. The five-figure salaries, endless amount of money parties and most importantly, a name for yourself? I would be able anyone want to be on the modeling team, even if they don't know what happens behind closed doors?

In 2010, Georgia Wilson, 28, a former *Poser* model, left the fashion world after fighting against a disorder for eight years.

"I started modeling when I was 15 years old. I was a size eight, but I was told to lose a few inches from my hips so that I could be eligible for the best jobs," Wilson said to *The Telegraph*, a newspaper in the U.K. "This was normal in the fashion world, so I didn't think too much of it."

After losing the weight and winning a contract to go to Japan, Wilson said she expected her life to be fun, sexy and fun, but it ended up being the complete opposite.

"I was starving, so I was up with 12 models. We were

all naked apart from their colored things standing in front of a panel of viewing directors," she said. "They went through us and said 'yes' or 'no' depending on whether you were thin enough. If you weren't thin enough, you were sent out of the room immediately. I was not happy."

Wilson was admitted to a hospital a year later for anorexia and was sent to *The Priory*, a rehabilitation center for people who suffer with mental illnesses.

"At the end of the day, my modeling career lasted for three years and as a result, I've had anorexia for eight and I'm still feeling it today," she said. "It was scary to work on shows and I loved the clothes and the work itself. But, for the sake of a couple of years of modeling success, it's just not worth it."

According to the *New York Times* Business Bureau, high-fashion models need to be between 5'8" and 5'10" and weigh between 110 and 120 pounds with open vulnerability against the reality is, if a woman is 5'8" and weighs 110 pounds, she is considered underweight. However, just because she is on the thinner side doesn't mean she is unhealthy.



PAULA PATTON OF *THE GLASS HOUSE* (left) and Paula Patton (right) used the modeling industry shouldn't be blamed for eating disorders.

Anahy Wilson, CEO of *Genova Models* in Waterloo, said the fashion industry isn't to blame for eating disorders.

"It's all about how you perceive yourself," she said. "If you look at a photo of a model and you want to look like that, then I don't think you can blame the media for how you feel."

Wilson added models are naturally told "no" they don't have the right look, which is just part of the industry.

"Women are told no, no often as someone says something negative about their appearance and they manifest that," she said. "That is unfortunately what leads to psychological problems and eating disorders."

At the end of the day, it's a business. There are going to be bad agencies that only look for skinny girls and then there are good agencies where there is no anorexia.

"All models are going to tell you, 'You don't have to be a certain size to be happy. We are here to make people feel better and happy about themselves. That is our mission statement.'"

Model, Marit, a freelance model, who modeled in the night gown and she had a good experience in the modeling industry.

"I started modeling when I was 19, the *Corset* production said 'I never felt pressure when it came to my size. I was actually told to gain weight.'"

Marit said the industry does not make eating disorders. In fact, women have come as is before entering the modeling world.

"A lot of women go into the industry with mental disorders. They go in nervous and they want people to tell them that they are beautiful. They go into modeling to better their self-esteem," she said. "People want to be the modeling industry because it's easy to put the blame on something else."

Her underweight status, that

there are certain standards in fashion, huge businesses like *Victoria's Secret* want thin women to carry the brand message, but it doesn't make them a bad company.

Some modeling plans part with unrealistic body standards. His one is 180 pounds confident and people generally look for others to compare themselves. Marit said "What you hear on the media about modeling isn't actually how it is, people question. They want to talk about the bad and the negativity. Of course there are agencies that only want skinny girls, but that doesn't make them a bad place."

Marit said people are always blaming them, are always people who want to bring others down.

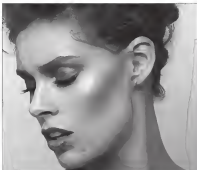
"Our culture makes that way people want to say that it's bad being skinny, just like being bigger is considered bad," she said. "I think society puts pressure on women not modeling and that leads to mental issues."

"Eating disorders have a lot to do with the person and how they view themselves and Marit. A lot of people are nervous about themselves and they go into modeling agencies and hope that people in the show that is useful."



PAULA PATTON OF *THE GLASS HOUSE*

Marit, a freelance model, goes to products from the parents and part program, models for a girl's year. Although it's a bit up that part to see, she loved the experience.



PAULA PATTON OF *THE GLASS HOUSE*

Marit is involved in numerous agencies. She has done dozens of shows, including one in *Anna's* (the new series on the same actor and photographer).

How to be Single entertains viewers

BY KIMBERLY KALLINS

How To Be Single recently hit the movie theatres and instantly entertained its viewers. On its opening weekend it made \$116 million. More than it has grossed over \$40 million. Millions upon millions and of course it's making the money that Helen Wilson, the movie's star, is bound to love it.

Dakota Johnson, Leslie Mann and Alison Brie also star in this comedy that teaches people it's OK to just be single and let love come when it does. Johnson's character and more characters of the story Alan takes a lesson from her college boyfriend after producing to "find himself" (the movie is the best of New York to live with her sister May played by Mann) and her own friends with the biggest and funniest roles played by Wilson. These friendship moments quantify into what Alan realizes is something that she's not quite used to: Helen from his family. She doesn't run when people think she doesn't, but when she makes them for her and then the girl cry, she one wants to return to the person. And more importantly she knows who she is. Alan struggles to find himself and Helen makes it clear that she wants to find who she is because she does. Her life will be as much as what, that as Alan tries to find her it proves to be harder than she thought. She's not used to

not being in a relationship or not having her boyfriend to rely on. May tries to teach her it's OK to be single too although she secretly wishes for a long-term boyfriend and she's a crying child.

Then's character Lucy is quite the opposite of these girls. She's with a man who she's not into. She's like one true real water. Many people aren't an option for a girl in New York who wants to settle down and get married and have children all within the next few years. She meets a guy after play in a band but not only does she not find her match, she realizes there just isn't a man out there for her. Deal of course she has a mental breakdown at her work and the guy watching her feels a failure and will then they gain into each other's eyes, and fall in love and get married. A lot of risks, but entertaining all the time. Her character was witty and fun to watch. Her struggles though things didn't quite go as she planned, was positive and her whole was quite good.

Throughout the movie, Alan has a hard time adjusting to her new life and some nights breaking up with her college friend. When she tries to get back with him, he says she's not the person she used to be and they are engaged. Alan is heartbroken and not sure how to take the news as Alan is there for her showing her that a night out on the



KIMBERLY KALLINS

town can be any problem. It doesn't fix her problems. It makes them worse. Alan is becoming a girl who she never thought she'd become. The next where she wants to be is where she wants to be. All she wants to do is follow her life long dream of working through the Grand Canyon at night, as she can watch the sun come up over the beautiful horizon. She gives a trip out of the film and finally makes it to what she was meant to do. She doesn't need men in her life to keep her happy all the time.

Her sister May arrives down with a man she meets

and ends up having a baby (from artificial means) soon not by him) and they live happily ever after. Her story was definitely funny to watch, especially her character when she feels out a guy usually finds her and wants to help her raise a baby that isn't even her. Her sister funny and has a hard time taking things seriously and is like to drive May crazy but she's what keeps the audience laughing.

The movie was definitely unexpected the whole way through the movie and cheering as the main characters to find their happy

endings. It was hard not to rate it a 9/10. On IMDb the uncorrected movie data base it is rated a 6.4/10. Not quite the greatest rating but not the worst. The main characters made it have been played by actors like Dakota Wilson and Leslie Mann never fail to make people laugh and Dakota Johnson definitely stepped out of her comfort zone to play a sarcastic and somewhat character. Shipping away from her family and someone who she did a great job and it'll be interesting to see what other comedy roles she takes on in the future.

KOI Fest partners with Centre in the Square

BY KIMBERLY KALLINS

Kathleen Waterson, top project showcase within the KOI Fest, is an upgrade in KOI Fest expands to Centre in the Square. KOI Fest At The Parking Lot will be a two-day event with a variety of entertainment featuring a mix of local talent and established acts coming to the Centre in the Square. KOI Fest is parking lot on June 18.

The Parking Lot is an event, one year venture and provides an opportunity for community partnerships and revenue generation that previously wasn't an option for Centre in the Square. And KOI Fest general manager Rob Bennett. The opportunities are solid with the new venue and we're excited to see what the future holds.

One stage will be handled by Canadian rock acts from

Robbie Band along with The Struts, the Mike Matten, Mike Post Young Things and Le Trouble. The second stage will feature acts like the Struts, the Mike Matten, Mike Post Young Things will also play live to the main stage. The Mike Matten and Mike Post Young Things will be featured in the main stage and the main stage will be the main stage.

Since the birth of KOI Fest in 2009, a competition for the selection of major festival acts in southern Ontario has been fierce. KOI founders Carl and Gary Channing have since recognized that they can no longer handle the task alone. With the help of Centre in the Square, KOI Fest has found a way to expand the festival all while staying true to its roots.

"The synergy between KOI and KOI works perfectly

nothing years of festival experience and a decade and a half of growing the local music scene with an experience that brings in top local and nationally important producers to our support and Carl Channing.

44 KOI Fest At The Parking Lot is not just another event but rather a vehicle to realize

the under-served young audience."

— Alison Wilson

But only does KOI Fest share a spotlight and under rock in Kathleen Waterson's continued to a greater audi-

ence — an audience that the festival's organizers believe is under-served.

KOI Fest At The Parking Lot is not just another event, but rather a vehicle to realize the under-served young audience and Alison Wilson publicly and consistently to realize that at Centre in the Square.

If all goes well and the year will be a success. In the Square and KOI Fest goes off without a hitch it's possible that Centre in the Square could see more events that welcome the young parking lot, this could lead to larger outdoor acts coming to Kathleen Waterson.

"This new situation is a new opportunity for Centre in the Square to provide revenue streams that didn't exist before and Wilson. The venue is really excited to be doing something out of

the ordinary.

Patricia Waterson is an actor. Stage 4. Directed by Kate Waterson. Based on 1650-1800 plan applicable from and in a great event. The other stage Stage 2 is followed by Tokyo Plaza (Stage 2) is live for all ages.

Chicago VIP tickets are also available for \$125. This includes access to a private lounge and two entrance from Oval 2. Official KOI Fest At The Parking Lot merchandise and luxury private wash rooms and a covered VIP viewing from a side stage with an exclusive bar. Just like Stage 2, these tickets are only available to those who are live.

For more information visit www.koiattheparkinglot.com. Like KOI Fest on Facebook or follow @koiattheparkinglot on Twitter.

aWEARness raises \$4,200 for charity

By Jennifer Price [@jprice13](#)

"It was overwhelming. I was trying not to cry," she said.

For her the moment in the spotlight drove home just how much she accomplished over hours confined to a wheelchair.

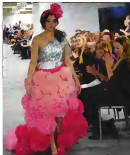
"It was very symbolic to me to be able to physically walk out there. It brought back how far I've come and that was overwhelming too," she said.

Why? Because it is the highlight of the night for her.

"When she came out I was really emotional — you could tell everyone else was too. It definitely pulled at some heartstrings," she said.

After Houston's premiere the models and designers took one last walk down the runway for the finale before the show came to an end.

"We expected greatness," he stammered, and Harding. They were the ones who had to proceed — it was their work and they really put their selves out there. They did a fantastic job.



On March 4, visual merchandising arts students held their semi-annual aWEARness runway performance show, raising \$4,200 for the U.S. Marine Foundation for Veterans Benevolence.

Clothes from photo above (left): Emma Hickey modeled a Korranna inspired dress, designed by her sister. It had ruffles. Above: Another dress inspiration from designer Emma Hickey. The dress was inspired by the look of her dress from last season. And the runway show featured a dress designed by Emma Hickey. The dress was inspired by Emma Hickey.

PHOTOS BY JEN HOPKINS

